

## Disclosure of Relevant Financial Relationships Regularly Scheduled Conferences (RSCs)

**Name:** Michael L. Perlis PhD  
**Title of CE Activity:** Penn Behavioral Sleep Medicine Mini-Fellowship  
**Topic or Session Title:** Same  
**Date of Activity:** Recurring (monthly or bi-monthly)

**Please provide the following information (type or print clearly)**

Please review the entire form including the **Glossary of Terms** and the **Example Terminology** on the 3<sup>rd</sup> page before completing this form.

**A. If you do not have any relevant financial relationships** to report, please indicate so in the section provided below, disregard the rest of this page, and **sign and date** your form on page 2.

I do not have any relevant financial relationships with any commercial interests

**B. If you do have relevant financial relationships** to report follow the steps outlined below.

In the space provided on the 2<sup>nd</sup> page, list the names of proprietary entities producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies with which you or your spouse/partner have, or have had, a relevant financial relationship within the past 12 months. For this purpose we consider the relevant financial relationships of your spouse or partner that you are aware of to be yours.

Describe your role (Please refer to example terminology that can aid you in completing this section.)

Sign and date your form

### Financial disclosure

My relevant financial relationships with any commercial interests are indicated below

#### Nature of Relevant Financial Relationships

<u>COMMERCIAL INTEREST</u>	<u>WHAT WAS RECEIVED</u>	<u>FOR WHAT ROLE</u>
<b>Example:</b> Company X	Honorarium	Speaker
Springer Publishing (CBT-I Tx Manual)	Annual Royalties (<2K)	Author
Academic Press (BSM Text Book)	Annual Royalties (<2K)	Author
PESI CE Educational Products (DVD)	Annual Royalties (<2K)	Speaker
CBT-I Educational Products (DVD)	Annual Royalties (<2K)	Speaker
Lumosity (Sleep App)	Annual Royalties (<5K)	Consultant
Sleep Easily (DVD Tx for insomnia)	Annual Royalties (<5K)	Consultant

## Disclosure of Relevant Financial Relationships and Unapproved Product Use


---

### Example terminology

**What was received:** Salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit.

**Role(s):** Employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and 'other activities (please specify).

---



9-22-16

---

**SIGNATURE**

**DATE**

# Disclosure of Relevant Financial Relationships and Unapproved Product Use

---

## Glossary of Terms

### **Commercial Interest**

The ACCME defines a “commercial interest” as any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies.

### **Financial relationships**

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.

### **Relevant financial relationships**

ACCME focuses on financial relationships with commercial interests in the 12-month period preceding the time that the individual is being asked to assume a role controlling content of the CME activity. ACCME has not set a minimal dollar amount for relationships to be significant. Inherent in any amount is the incentive to maintain or increase the value of the relationship. The ACCME defines “‘relevant’ financial relationships” as financial relationships in any amount occurring within the past 12 months that create a conflict of interest.

### **Conflict of Interest**

Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of a commercial interest with which he/she has a financial relationship.